

Spiritual Formation: 101

Praying, Fasting and Anointing for results

8/17/2014

8/18/2014

8/19/2014

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New Prospect

Course of Study Syllabus August 17th -19th

During the next three nights we will be attempting to cover three subjects of Spiritual Discipline that could very easily take a year or more of study each and then a lifetime of practice to become effective. On Sunday we will concentrate on prayer, Monday will focus on Fasting and Tuesday we will examine the topic of Anointing. While I am the instructor for this year's course of study I do not presume for myself or suggest to those in attendance that any of the ideas presented belong exclusively to the presenter but come from the great number of Professors I learned from during my collegiate career, to the many fine authors of books I have had the great pleasure to read, the Clergy and Laity with whom I have served. To God the Father of our Lord Jesus Christ and the aforementioned go the credit material used is for the sole purpose of teaching these three subjects.

Recommended reading:

The Holy Bible (I use the KJV primarily but read a number of others ESV, ASV, RSV, RV, etc)

“How to Pray” by R.A. Torrey

“The Power of Prayer” by R. A. Torrey

“How to Experience Revival” by Charles G. Finney

“Answers to Prayers” by George Mueller

“Spiritual CPR” by Todd Phillips

“Piety, Purity, Plenty: Images of Protestantism in America” by Robert L. Fern

“The Power of Prayer and Fasting: God's Gateway to Spiritual Breakthroughs, Revised and Expanded” by Ronnie Floyd

“Fasting for Spiritual Breakthrough” by Dr. Elmer Towns

“Prayer and Fasting” by Kingsley Fletcher

“Healing Oils of the Bible” by Dr. David Stewart

Materials needed:

A Holy Bible

A desire to Learn

Notebook or writing Tablet

Bring a friend

Practicum: Prayer, fasting and anointing

Power point on website lrhmc.org search teaching tools

Special Note: The education committee is responsible for course topics and instructors I am grateful for their allowing me to be here to share with the Conference again and thank them for all their hard work.

On the subject of prayer issues that maybe covered can be found in the following outline:

Prayer Outline

1. Introduction to prayer
 - a. The definition of Prayer
 - b. How prayer is answered
 - c. Levels of Prayer
 - d. Types of prayer
2. Intercessory prayer
 - a. Biblical basis for intercession
 - b. How intercession is done
 - c. The Model Intercessor
 - d. Why intercession is important
3. SPIRITUAL RESOURCES FOR INTERCESSION
 - a. THIS WILL BE COVERED TOMMORROW NIGHT
4. How to intercede
 - a. How to intercede
 - b. Principles for Effective intercession
 - c. What to intercede for
 - d. Interceding with the scriptures (Promises)
5. Hindrances to effective intercession
 - a. Hindrances to effective intercession
 - b. Eliminating hindrances to intercession
 - c. When not to pray
6. Getting started and keep going
 - a. Organizing for prayer
 - i. Personal prayer
 - ii. Two praying together
 - iii. Small groups
 - iv. Total congregational prayer
 - b. Problems that must be overcome
 - i. Lack of time
 - ii. Distractions
 - iii. Tiredness
 - iv. Lack of desire
7. Creating a personal prayer manual

GOD'S PURPOSE FOR FASTING

1. loosen bonds of wickedness
2. undo heavy burdens
3. let the oppressed go free
4. break every yoke
5. give bread to hungry; provide for the homeless
6. allow the people's light to break forth like the morning
7. cause their health to spring forth speedily
8. cause their righteousness to go before them
9. cause the glory of the Lord to be their reward

BRIEF HISTORY OF FASTING

1. Fasting in the old testament
2. Fasting in New Testament
3. Fasting in the Early Church
4. Fasting in Revival Movements
5. Fasting for Divine intervention

KINDS OF FAST

1. Normal Fast
2. Absolute Fast
3. Partial Fast
4. Rotational Fast

FAST SPECIFICS

1. Solemn fast of a Congregation, group, etc.
2. Individual fast

LENGTH OF FAST

1. 1 day
2. 3 days
3. 1 week
4. 1 month
5. 40 days

PRESCRIPTION FOR DELIVERANCE

1. Renounce
2. Acknowledge Self-deception
3. Forgive to overcome bitterness
4. Submit to God's Authority
5. Take Personal Responsibility
6. Disown Sinful Influences

Anointing

Important Things To Remember: When using anointing oil during times of prayer, it is important to remember the anointing oil is only a tangible symbolic representation of our faith in Jesus Christ. Anointing oils have no "special power" in and of themselves. It is Jesus Christ alone who performs miracles and answers our prayers of faith...with or without anointing oil.

In (Mathew 6:7) the Bible clearly states God knows what we need before we ask him and instructs us how to pray. (Matthew 6:9-10) "After this manner therefore pray ye: Our Father which art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done in earth, as it is in heaven". (1 John 5:14-15) "And this is the confidence that we have in him, that, if we ask any thing according to his will, he heareth us: And if we know that he hear us, whatsoever we ask, we know that we have the petitions that we desired of him". Therefore, we need to pray for God's will to be done and surrender our own (Luke 22:42). "Not my will, but Thine".

Ancient Anointing Oil & Ointment Preparation

1. **Traditional Daily Use**
 - a. The practice of oil was common among the Hebrews and other nations.
 - b. It was also the custom of the Jews in like manner to anoint themselves with oil, as a means of refreshing or invigorating their bodies
 - c. Anointing was an act of hospitality (Luke 7:38,46).
 - d. Richly perfumed and expensive; Solomon 4:10; John 12:3
2. **Medicinal and Prayer For The Sick**
 - a. Oil was used also for medicinal purposes. It was applied to the sick, and also to wounds (Psalms 109:18; Isaiah 1:6; Mark 6:13; James 5:14).
 - b. High quality anointing oils, ointments, and perfumes made with pure unadulterated ingredients may have calming and medicinal attributes due to the actual healing properties of the pure plant essences used in them.
3. **Preparation For Burial and Funerals**
 - a. John 12:3
 - b. The bodies of the dead were sometimes anointed (Mark 14:8; Luke 23:56).
4. **Sanctification**
 - a. Purifying the body (Oil of Myrrh) Esther 2:12;
5. **Consecration**
 - a. The Holy Anointing Oil (Exodus 30 Holy Oil) is the only anointing oil specifically mentioned in the Bible for this purpose.
 - b. The promised Deliverer is twice called the "Anointed" or Messiah (Psalms 2:2; Daniel 9:25,26), because he was anointed with the Holy Ghost (Isaiah 61:1), figuratively styled the "oil of gladness" (Psalms 45:7; Hebrews 1:9). Jesus of

Nazareth is this anointed One (John 1:41; Acts 9:22; 17:2,3; 18:5,28), the Messiah of the Old Testament.

- c. The act of anointing was significant of consecration to a holy or sacred use; hence the anointing of the high priest (Exodus 29:29; Leviticus 4:3) and of the sacred vessels (Exodus 30:26).
 - d. The high priest and the king are thus called "the anointed" (Leviticus 4:3,5,16; 6:20; Psalms 132:10).
 - e. Anointing a king was equivalent to crowning him (1 Samuel 16:13; 2Sam 2:4, etc.).
 - f. Prophets were also anointed (1 Kings 19:16; 1 Chronicles 16:22; Psalms 105:15).
- 6. Preparation and Commerce**
- a. Prepared by the apothecary; Ecclesiastes 10:1
 - b. An article of commerce; Ezekiel 27:17; Revelation 18:13

7. Weapons and Spiritual Warfare

- a. The expression, "anoint the shield" (Isaiah 21:5), refers to the custom of rubbing oil on the leather of the shield so as to make it supple and fit for use in war.

8. Who can make and use Holy Anointing Oil?

- a. Message to priest, Moses

- 1) The recipe for the Holy Anointing Oil (vs. 23,24).
- 2) How to make the Holy Anointing Oil (vs. 25).
- 3) That all the articles of the mishkan are to be anointed with it 26-28).
- 4) The degrees of holiness in using the oil (vs. 29).
- 5) That all the priesthood is to be anointed with it (vs. 30).

- b. The second message, which is for the children of Israel only, gives the following information:

- 1) The message is for the children of Israel (vs. 31 a).
- 2) This is a holy anointing oil for all generations (vs.31 b).
- 3) It is prohibited to be poured upon a common man's flesh (vs. 32 a).
- 4) The common people of Israel are forbidden to make any other *like* it for themselves (vs. 32 b).
- 5) If the common people of Israel make any other like it and put it upon a stranger then he shall be cut off from his people (vs. 33).

Spiritual Anointing With the Holy Ghost

The Most Important Anointing-

1. Spiritual anointing with the Holy Ghost is conferred also upon Christians by God. (2 Corinthians 1:21, 1 John 2:27) " Anointing "expresses the sanctifying influences of the Holy Spirit upon Christians.

2. (2 Corinthians 1:21) "Now he which stablisheth us with you in Christ, and has anointed us, is God."
3. (1 John 2:27) "But the anointing which ye have received of him abideth in you, and ye need not that any man teach you: but as the same anointing teacheth you of all things, and is truth, and is no lie, and even as it hath taught you, ye shall abide in him".

All believers who have received Jesus Christ as their Lord and savior have been given this "Anointing".

